

# Parenting Series

## Is my child in an unhealthy relationship?

- Relationships can = dating, hanging out, hooking up, "just friends", "just talking"
- **Unhealthy relationships** can also be known as Teen Dating Violence, Adolescent Relationship Abuse, Teen Partner Violence
  - Abuse can include physical, emotional, digital, verbal, sexual, and financial
- **Warning Signs**
  - Unexplained injuries or bruises
  - Relationship becomes serious quickly
  - Your teen hangs out with friends less often or loses interest in their hobbies
  - Sudden change in their academic performance and/or goals
  - Your teen seems overly concerned or worried about their partner's reactions
  - Your teen is more critical of themselves or their appearance
  - Your teen suddenly becomes more secretive
  - You witness their partner putting them down
- **Facts**
  - Only 33% of young people in abusive relationships ever tell anyone about the abuse\*
  - 81% of parents believe teen dating violence is not an issue or admit they don't know if it's an issue\*



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\*Loveisrespect.org

